

# The Family & Child Well-Being Series

## You're invited to join an Inclusivv conversation to support A Vision for Child & Family Well-Being!

DFCS, the Georgia Division of Family & Child Services, has partnered with Inclusivv to build a conversation series around the state's Child Abuse and Neglect Plan (CANPP), titled "A Vision for Child & Family Well-Being." Based on six key objectives, the plan was developed with input from more than 1,000 Georgians and aims to deliver equitable, actionable solutions to preventing abuse and neglect.

Thank you for being a part of this important work. Each conversation provides participants with a space to learn, share ideas and find their role in supporting Georgia's children and families. We appreciate your involvement as we all work to help families thrive.

### What to Expect During Your Conversation



Conversation Host



Small Group Gathering



Structured Conversation



Equal Time to Share



Shared Experience

## Sign up to host – or attend – a conversation!

Get started and learn more at [inclusivv.co/ga-family-wellbeing](https://inclusivv.co/ga-family-wellbeing)

### GET INVOLVED

#### Host a Conversation

It's easy. We provide you with everything you need. First, sign up to host a conversation and we'll send you the conversation guide with questions. You select the date, time, location, number of guests, and we provide a digital invite you can share with friends.

#### Attend a Conversation

Join a conversation by searching the available events in the Upcoming Conversation section of [inclusivv.co/ga-family-wellbeing](https://inclusivv.co/ga-family-wellbeing). Then just register, invite others to join you, and enjoy the conversation!

#### Spread the Word

We're looking for hosts and guests who love bringing people together for conversations that matter. Forward this on to someone you believe would be an excellent host or attendee and invite them to join as well! Then share and tag us about your experience #PreventChildAbuse #GAfamilywellbeing @inclusivv. See you there!



## The Big Picture of Child Well-Being

In the words of Nelson Mandela, “Our children are our greatest treasure. They are our future.” And it’s true, the world we create depends on the children we raise. But it’s not just a child’s parents who make a difference. Each of us has a role in creating an environment where children can thrive, and where families have the things they need to nurture the next generation — like access to economic opportunity, quality education, health care and child care. This conversation explores how we can all contribute to preventing child abuse and neglect, while helping to secure a promising future for Georgia.



## Early Learning for Lifelong Success

Frederick Douglass once said, “It is easier to build strong children than to repair broken men.” These words reflect how essential the early years are for raising healthy, thriving children into stable, successful adults. The period between birth and age five is not only critical for brain development, but it’s also a tender time when young families need access to quality child care. This isn’t just a concern for families and caregivers — when children thrive, the whole community benefits. This conversation explores how we can set our children up for success and brighten Georgia’s future by supporting child care and early learning.



## Building Resilience for Brighter Futures

How do we deal with the kinds of challenges that hurt us far more than they help us? Many children will face more than their fair share of adverse childhood experiences. The effects can be lifelong. Early adversity is linked to chronic health issues, mental illness and substance abuse in adulthood.<sup>1</sup> But the hopeful news is that the impact of childhood adversity can be greatly reduced. We have seen that through positive connections, children can build resilience and increase their ability to live happy, successful lives. This is a conversation about how we can all help children thrive and bring about a brighter future for Georgia.



## Family Health and Child Well-Being

To truly support children, we have to consider the health and wellbeing of the whole family. Physical health is key to quality of life, yet it can greatly depend on access to quality health care and nutritious food — essentials that are not equally available to all families. Mental health is just as critical for families to thrive. Families experiencing mental health challenges can lead to difficulty for their children, from low self-esteem and instability, to trouble with future employment, relationships and parenting their own children.<sup>1</sup> This conversation explores how we as a community can nurture child well-being by strengthening family health and wellness.



## Economic Opportunities for Promising Futures

We have been taught that if you work hard, you’ll be successful. And if you raise your children well, they’ll be even better off than you. But what if you already work a full-time job and still make less than a living wage? What if simply keeping a roof over your head takes up the lion’s share of your pay, leaving you to scramble for life’s other necessities? These are some of the real challenges families face. And they can have serious effects, with studies showing that children in low-income families are at greater risk of abuse and neglect. This conversation explores how we can all contribute to childhood well-being, and to a promising future, by supporting economic opportunities in Georgia.



## Advocating for Family and Child Well-Being

We all know the saying, “It takes a village to raise a child.” But how do we apply this wisdom to our children right here in Georgia? To truly support child well-being, we must look beyond the family unit, to address the societal factors that set families up for success. And we need to do it together — with the help of our friends, neighbors, coworkers, business leaders, and the faith community. Together, we are all invested in a promising future for Georgia. This is a conversation on how we can come together as a village to help children thrive and build a better future for us all.

# Setting Up Your Conversation



## Step 1: Sign Up

To set up your dinner, simply go to [inclusivv.co/ga-family-wellbeing](https://inclusivv.co/ga-family-wellbeing), select a topic, click “Host your Own” and follow the quick prompts to create an Inclusivv account. The email that you use for sign up will be the email you receive all reminder information so be sure to choose one you check regularly. You may also choose to login using Facebook.



## Step 2: Set Up Your Conversation

After you’ve registered you’ll be prompted to create your “conversation.” Simply agree to the host guidelines of following the host guide and sharing insights after the conversation.



## Step 3: Choose Your Guest Registration Preference

Choose “Open” or “Host Approval” for registration type. We recommend “Open” so that anyone can sign up, however if you wish to curate your guests, choose “Host Approval,” which requires guests to request an invite and the host must approve each guest.



## Step 4: Select In-Person or Online

Inclusive conversations can be held online or in person. As a host, you can choose what’s best for you and your guests. For online you can choose between using your own virtual meeting room (such as Zoom, Google Hangouts, or any other virtual room) by inserting the link and any join instructions. Or you can use the Inclusivv video platform. Keep in mind the Inclusivv video platform is web-based and can only accommodate up to 8 people on camera at a time. Therefore for online events over 8 people we recommend using Zoom or Bluejeans that allow for larger capacity and breakout rooms.



## Step 5: Select Date, Time, Location, and Guest Limit

Events can be any time of day including morning, mid-day, afternoon, or evening. We recommend a minimum of 1 hour, and ideally 2 hours in case the conversation is deep and you have a full group of people. Enter in the location from where you’ll host so that the time zone is accurate.



## Step 6: Finish and Invite Guests!

Click “Finish” and congrats! You now have an event page that you can share directly with potential guests, post on social media, or invite via email. Be sure to upload a profile picture as people are more likely to attend if they can identify the host. You’ll receive an email with the conversation guide, and you can edit your event by navigating to your conversation page directly and clicking “Edit” when logged in. Or you can simply click “My Conversations” in the top right when you’re logged in to see all upcoming dinners and edit details, manage guests, or download the conversation guide.